

PERSONAL INFORMATION

Paolo Sbraccia, MD, PhD



Department of Systems Medicine, University Tor Vergata, 00133 Rome (Italy)  
 Department of Medical Sciences, Policlinico Tor Vergata, 00133 Rome (Italy)

tel: +39 0672596888; fax: +39 0672596890; Mobile: +39 335 7072139

tel: +39 0620902680; fax: +39 0620902679

[sbraccia@med.uniroma2.it](mailto:sbraccia@med.uniroma2.it)

[http://medicinainterna.uniroma2.it/medicinainterna.uniroma2.it/medicina\\_interna/wp-content/uploads/2012/05/CV-Prof.-Paolo-Sbraccia.pdf](http://medicinainterna.uniroma2.it/medicinainterna.uniroma2.it/medicina_interna/wp-content/uploads/2012/05/CV-Prof.-Paolo-Sbraccia.pdf)

Paolo Sbraccia, M.D, Ph.D. is Professor of Internal Medicine in the Department of Systems Medicine of the University of Rome "Tor Vergata", Chief of the Internal Medicine Unit and Obesity Center (EASO accredited Collaborating Centre for Obesity Management) at the University Hospital Policlinico Tor Vergata, Director of the Specialization School in Internal Medicine.

Prof. Sbraccia is also currently serving as Treasurer and member of the Board of Trustees of the European Association for the Study of Obesity (EASO), and Vice President of the Italian Barometer Diabetes Observatory. In addition, he is Past President of the Italian Society of Obesity and of the Italian Federation of Endocrinology, Diabetology, Andrology, Metabolism and Obesity.

He was also member of the "Scientific Advisory Group for Diabetes and Endocrinology" of the European Medicine Agency (EMA, 2008-2015).

In 2011, on behalf of SIO, he coordinated the Steering Committee for the Italian Guidelines for the Management of Obesity, and in 2016 he was Editor of the book "Clinical Management of Overweight and Obesity, Recommendations of the Italian Society of Obesity (SIO)".

Prof. Sbraccia is also a member of the editorial boards and reviewer panels of various scientific journals; in particular, he is Section Editor for Diabetes and Endocrinology of "Eating and weight disorders" and associate Editor "Internal and Emergency Medicine".

01 November 1999 – 31 October 2002  
 University "Tor Vergata", Rome, Italy, Rome (Italy)  
 Assistant Professor of Internal Medicine,  
 Department of Internal Medicine

01 November 2002 – 31 October 2005  
 University "Tor Vergata", Rome (Italy)  
 Associate Professor of Internal Medicine,  
 Department of Internal Medicine

01 November 2005 – 25 January 2013  
 University "Tor Vergata", Rome (Italy)  
 Full Professor of Clinical Nutrition,  
 Department of Internal Medicine

26 January 2013 – Present  
 University "Tor Vergata", Rome (Italy)  
 Full Professor of Internal Medicine,  
 Department of Systems Medicine

EDUCATION AND TRAINING

01 November 1979 – 20 July 1985  
**Degree in Medicine (MD), 110/110 cum laude**  
 University "La Sapienza", Medical School, Rome (Italy)

01 November 1985 – 11 July 1988  
**Board Certification in Endocrinology (70/70 cum laude)**  
 University "La Sapienza", Rome (Italy)

01 November 1988 – 20 December 1990  
**Postdoctoral Fellowship**, Department of Diabetes and

Endocrine Research, Mount Zion Medical Center of the University of California San Francisco (UCSF).

01 November 1988 – 25 July 1992

### Ph.D. in Endocrine and Metabolic Sciences

University "La Sapienza", Rome (Italy)

Thesis dissertation on Molecular mechanisms of insulin-resistance.

01 January 1995 – 01 December 1995  
1996 – 31 July 1999

DIBIT, H S Raffaele, Milan (Italy), Research fellow at the Molecular Endocrinology Laboratory

Istituto Superiore di Sanità, Rome (Italy)

Research Associate, Laboratory of Clinical Biochemistry.

## PERSONAL SKILLS

Mother tongue Italian

Other language

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C2	C2	C1	C1	C1

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2: Proficient user  
Common European Framework of Reference for Languages

## ADDITIONAL INFORMATION

**Awards** - Research Fellowship of the Fondazione "Istituto Pasteur - Fondazione Cenci Bolognetti", (two years). 1988

- First recipient of the "Eli Lilly / European Association for the Study of Diabetes (EASD) Research Fellowship in Diabetes & Metabolism" for outstanding ability and personal potential in diabetes research. 1992.

- "Parma Diabete" Award. 1993

**Organisational / managerial skills**

2006 - 2018: Chairman of the Undergraduate Course in Dietetics within the School of Medicine.

2012 - present: Director of the Specialization School in Internal Medicine.

2006-2010: Member of the Board of Directors of the Italian Diabetes Society (SID).

In 2011, on behalf of SIO, he coordinated the Steering Committee for the Italian Guidelines for the Management of Obesity.

2008 - 2016: member of the "Scientific Advisory Group for Diabetes and Endocrinology" of EMA (London).

2009 - 2011: he was appointed by the Ministry of Health member of the Committee for the diagnostic and therapeutic appropriateness for Obesity and Diabetes.

2013 - present: Member of the Ethical Committee of the University Policlinico Tor Vergata.

2014 – 2016: **President** of the Italian Society of Obesity (S.I.O.)

2020 – present: Treasurer and member of the Board of Trustees of the European Association for the Study of Obesity (EASO).

### MEMBERSHIP OF LEARNED SOCIETIES:

Member American Diabetes Association (ADA).

Member The Endocrine Society.

Member International Association for the Study of Obesity (IASO).

Member European Association for the Study of Diabetes (EASD).

Member European Association for the Study of Obesity (EASO).  
Member Italian Endocrine Society (SIE).  
Member Italian Society for the Study of Obesity (SIO)  
Member Italian Diabetes Society (SID).  
Member Italian Society of Internal Medicine (SIMI)  
Member Italian Society for the Study of Atherosclerosis (SISA)

He is member of the Editorial Board of "Internal and Emergency Medicine" and of "Eating and Weight Disorders"; in addition he serves as ad hoc reviewer of various scientific journals (Diabetologia; Diabetes/Metabolism Research and Reviews; Journal of Endocrinological Investigation; European Journal of Endocrinology, Clinical Endocrinology, Aging, PLoS One, Nutrition Metabolism and Cardiovascular Diseases).

He is a former Co-Director of the official Journal of the Italian Diabetes Society "Il Diabete".

Since 2008 he leads the Obesity Center at the University Hospital "Policlinico Tor Vergata", that is an EASO (European Association for the Study of Obesity) accredited Collaborating Centre for Obesity Management.

Since April 2013 he is Director of the Internal Medicine and Obesity Center (EASO accredited Collaborating Centre for Obesity Management) Complex Unit at the University Hospital "Policlinico Tor Vergata".

## Publications

**Total "Impact factor" = 671; Mean = 6,1**  
**Total citations: 4618**  
**h-Index: 37**  
**I 10-Index: 82**

February 2022

